

· Directions for Sack Lunches for Hope of the Valley Mission: 1st and 3rd Mondays of the month. Drop off at Temple 10-11am.

· Each brown paper bag should contain:

- - sandwich in a ziploc bag
- - small bottle of juice
- - bag of chips
- - piece of fruit (no apples please; "cuties" (or similar small oranges) are a good choice. Apple sauce is ok
- - cookies, granola bar, etc. (optional)
- - napkin
- - additional items like small hand sanitizer, toothbrush, mask, or other hygiene products are optional but welcomed

· PLEASE WEAR GLOVES AND MASK WHILE PREPARING MEALS.

- - Sandwiches can be peanut butter and jelly, or lunch meat (turkey, ham, etc.) and cheese with mayo/mustard.
- - Please label bags with what type of sandwich it contains.
- - Please use individually wrapped chips, cookies, etc. -- NO HOMEMADE ITEMS PLEASE!

- Feel free to write messages of hope or drawings on the bags or include inside.